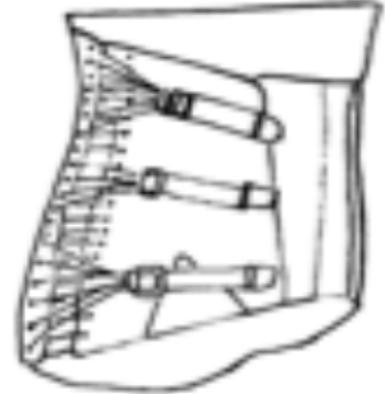


Lumbosacral Orthosis (LSO) Corset

Care and Use Instructions

1. The Lumbosacral Orthosis corset is one of several types of LSO's. The tag goes on the top and in the back.
2. When putting on (donning) the orthosis, always loosen all the straps to maximum looseness.
3. To be sure that the corset is oriented properly, the lowest part of the front is just at or above your pubic bone.
4. When snapping the corset, start at the bottom and move up.
5. After the corset is completely closed, pull the side straps to adjust.
6. It is recommended to wear some type of undergarment to protect the corset from soiling and help in absorbing perspiration.



NOTE: Cotton, cotton/poly-blend or silk T-shirts are suggested for undergarments. Cotton is comfortable and breathable, but it absorbs and retains water. Silk or poly-blends help pass moisture away from your body. Ask your orthotist for a recommendation.

7. The corset can be washed by hand or machine using a mild soap. If you machine wash, please remove the stays paying special attention to how they are oriented.
8. The wearing schedule of the corset will be determined by your physician, and it is usually subject to your diagnosis.
9. You will decide how tight to wear the corset after you wear the corset a while. Just remember the corset needs to be snug to work best.
10. Be aware that some of the pinching of the corset is to remind you that you might be doing a motion or you are in a position that is not good for your back.
11. If you have any questions or problems please do not hesitate to call your orthotist.

NOTE: Weight gain or loss may possibly change the design and manufacture of the orthosis/prosthesis delivered. Please contact the practitioner if this occurs to prevent potential injury.

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855.5BECKER

PatientCare.BeckerOrthopedic.com

Berkley
28801 Woodward Ave.
Berkley, MI 48072
P 248.399.0030
F 248.399.0031

Detroit
In Henry Ford Hospital
2799 W. Grand Blvd.
Suite E-1225
Detroit, MI 48202
P 313.916.2201
F 313.916.9491

Grand Blanc
Genesys O&P
2598 Genesys Parkway
Grand Blanc, MI 48439
P 810.606.6570
F 810.606.6571

Waterford
4800 Highland Rd.
Suite 1
Waterford, MI 48328
P 248.674.9600
F 248.674.9603